

"Having a two-year-old is like having a blender that you don't have the top for." -Jerry Seinfeld

## Taste-Friendly MOON Dough

1/2 cup Potato Starch  
1/2 cup Flour  
2 Tablespoons Coconut Oil, melted

Mix ingredients until well blended, and mixture can form soft/silky clumps when squeezed. Add ¼ teaspoon flavor extract of your choice to add a scent to the dough.



## Winter Sensory Play

Sensory play is any type of play that stimulates your child's senses: sight, touch, smell, taste, hearing, and balance. Sensory play can get MESSY- But sensory play is so important! It helps children naturally engage in experimentation and learning. It builds fine motor skills too. Here are some winter sensory play ideas for you and your child:

- A cookie sheet with ice cubes and plastic arctic animal toys
- A tub with water, ice, foam snowflakes, and cups
- A cookie sheet with play dough, winter cookie cutters, rolling pin, and a jar of sprinkles
- A tub with snow from outside and cars/trucks/people
- A tub filled with dry white beans or rice, winter people/animals, spoons, and cupcake liners
- A large bowl with small pinecones, pine branches, and jingle bells
- A cookie sheet with snow and droppers with colored water (or paint brushes and water colors)
- A large tub, Ice blocks with small animals/treasures frozen inside, and turkey basters with warm water
- "Snowman Tub"- a large tub with snow, buttons, baby carrots, cut egg cartons (hats) and strips of fabric (scarves)
- "Winter in a Bag"- taped Ziploc filled with cheap clear hair gel, blue glitter, mini marshmallows, foam snowflakes

***Be sure to supervise sensory play, or participate with your child.  
Eliminate all choke-hazards for children under age 3.***