THE OPEN DOOR

April/May 2021 Newsletter Volume 44 Issue 2



Jefferson County Child Care Association Meetings 4th Wednesday each month 6:30~9:15 P.M.

MEETING INFORMATION

Meetings will be held via Zoom through June 2021.

Zoom is a very easy format to use, even for those without expert computer skills. If you haven't previously attended a JCCCA meeting, now is the perfect chance!! JCCCA members will receive a Provider Times email with registration information. Advance registration is required to access the meeting.

Certificates will be emailed to members who attend the entire live training.



JCCCA will be hosting a special 30-minute Social Emotional training with Lisel Von Duyke, MS, LPC; Early Childhood Mental Health Consultant, JCMH at 6:30 pm each month prior to the business meeting and main training.

Wednesday, April 28, 2021

Advocacy & Speaking up on Legislation that Impacts
Child Care and Other Child-Related Issues

Presented by Jacy Montoya Price;
Advocacy Director, Colorado Children's Campaign
1 ½ hours Professional Development & Leadership (PDL 10.2, PDL 5.1)

Wednesday, May 26, 2021
Healthy Sexual Development

Presented by Jennifer Kniffin-Turner, M.A., LPC, EMDR, IMH-EIII;
Wonder Years
1 ½ hours Health, Safety & Nutrition (HSN 1.3)

Zoom link: https://us02web.zoom.us/meeting/register/tZluf-2ppj4oGNIEC4yDIrh7By2CuL6pUPsg?fbclid=lwAR2oN-vmAJ8mo2wzOXJQ5wWmwLwkUqB9Un778bwiwMEmLiHNMi03MqmH780

JCCCA's "PURPOSE"

- To offer a support system.
- To enhance and to promote professionalism among child care providers.
- To act as a liaison between providers.
- To further educate providers in all areas of child care.
- To have a voice in family childcare rules.

Jefferson County
Child Care Association

P.O. Box 280853 Lakewood, CO 80228 www.jeffcochildcare.org

jeffcochildcare@gmail.com

MARK YOUR CALENDARS! FUTURE JCCCA MEETINGS

JUNE 23, 2021 AUGUST 25, 2021 SEPTEMBER 22, 2021 OCTOBER 27, 2021 NOVEMBER 17, 2021 Happy
Provider
Appreciation
Day!

YOUR SMILE IS YOUR LOGO, YOUR PERSONALITY IS YOUR BUSINESS CARD, HOW YOU LEAVE OTHERS FEELING AFTER AN EXPERIENCE WITH YOU BECOMES YOUR TRADEMARK.

Source: https://www.facebook.com/positiveoutlooks/photos/a.152811358094903/547135 0676240918/ 3/12/2020

REFERRAL CORNER

Submitted by Tisa Smith

This is a list of the calls referral providers have received from families looking for child care January and February 2021.

NORTH AREA	Under 2	Over 2	School Age	Total Calls
80002, 80003,80033,				
80212	7	2	0	6
80004, 80005, 80007,				
80021	7	5	0	8
80020, 80030, 80031,				
80034	1	0	0	1
CENTRAL AREA	Under 2	Over 2	School Age	Total Calls
80401, 80402, 80403,				
80419	2	0	0	2
80232, 80225, 80219	2	2	0	3
80227, 80235	2	1	0	2
80226, 80214, 80215,				
80204	2	0	0	2
80228	0	0	0	0
SOUTH AREA	Under 2	Over 2	School Age	Total Calls
WEST / MOUNTAINS				
80127	4	2	0	6
80123, 80128	5	2	0	6
80465	4	2	0	6
Mountain	0	0	0	0
NIGHTS &				
WEEKENDS	0	0	0	0

Treasurer's Report

February 1 to February 28, 2021

Submitted by Kim Roby



Beginning Balance \$25,525.76

Income \$618.54

Total \$26,144.30

Expenses \$0

Total Income/Expenses \$26,144.30

JCCCA Board Meetings

JCCCA Board Meetings are held on the first Monday of each month. Please call Carrie Kennedy if you would like to attend. 303-432-7979 All members are welcome!



PRESIDENT'S NOTES

This newsletter is JCCCA's special "annual mass mailing" that goes out to all licensed family child care home providers, whether you are a current member or not. JCCCA uses this time of year to reach out to providers who may not be current members to introduce our organization to them, give a "sneak peek" of our newsletter which is just one of many membership benefits, offer valuable information and our support, promote our Provider Appreciation meeting which is held in April, and of course help to build our association's membership. Because let's be honest, any organization is NOTHING without its AMAZING MEMBERS!! And, of course, JCCCA has some amazing members!

This year has been a tough one. A really tough one. Personally, and professionally, for many of us. We are still navigating the first, and hopefully last, pandemic any of us has ever experienced. Some of us have lost loved ones. Some have seen their business struggle, or even unfortunately close due to effects of COVID-19. Others have been more fortunate and been able to sustain, or even grow, their business during this time that it became even more apparent just how IMPORTANT OUR WORK IS. We do more than just provide a place for children to go while their family members are working. We provide safety, education, love and care, nutrition, social and emotional support, reliability, security and stability. Not just children, but their families as well. We are the foundation so many families rely on.

So...how do we approach this work and responsibility? I have seen many JCCCA members really step up and continue to be and grow as professionals. It's this word "professional" that grabs my attention. What is a "professional"? A quick <u>Google search</u> pulls up: *professional adjective*

1a: of, relating to, or characteristic of a profession

b: engaged in one of the learned <u>professions</u>

c(1): characterized by or conforming to the technical or ethical standards of a profession

(2): exhibiting a courteous, conscientious, and generally businesslike manner in the workplace

2a: participating for gain or livelihood in an activity or field of endeavor often engaged in by amateurs-a professional golfer

b: having a particular profession as a permanent career-a professional soldier

c: engaged in by persons receiving financial return-professional football

3: following a line of conduct as though it were a profession-a professional patriot

professional <u>noun</u>

one that is professional especially: one that engages in a pursuit or activity professionally

It's those highlighted areas that really stick out to me. The areas that I pay extra attention to when planning and operating my own business. A fellow colleague of mine (who I consider and respect as a "professional" in the field) and I were recently having this very conversation, and we were discussing how as child care providers we can set ourselves apart as "professionals". We both felt the first step was to become licensed; the action that sets us apart from "amateurs". Joining and becoming active in professional associations would be the next step. How we present ourselves and run our businesses is what others see. Do we follow licensing rules and regulations, public health orders? Do we open our front door each day welcoming children with smiles while being physically and visibly prepared? Do we keep up with and follow current research and ideas in our field through ongoing education and practices? But the thing that we both agree that sets "professionals" apart is the following of ethical standards in theory and practice. For the Early Childhood Education field, the gold standard of ethics is NAEYC's Code of Ethical Conduct and Statement of Commitment. If you're not already familiar with it (or even if you are-it's always good to review and reflect on), I highly recommend you take the time to read it. More than once and often. My colleague and I picked out the following two we felt were most important in our work. *Principles P-1.1—Above all, we shall not harm children. We shall not participate in practices that are emotionally damaging, physically harmful, disrespectful, degrading, dangerous, exploitative, or intimidating to children. This principle has precedence over all others in this Code.*

P-1.11—When we become aware of a practice or situation that endangers the health, safety, or well-being of children, we have an ethical responsibility to protect children or inform parents and/or others who can.

JCCCA as an organization is committed to these statements. We are committed to helping educate our members through training opportunities and communication on current recommended practices in our field. We are committed to advocating on the behalf of our members, our field, and the children and families we work with. The JCCCA board is currently working on defining exactly what our expectations of each other and ourselves are as board members. And we promote and encourage all of our members to always follow NAEYC's Code of Ethics in their business and personal practices. Please let us know what we can do to help you be PROFESSIONALS in Early Childhood Education.

NEVER STOP LEARNING!



Provider of the Month

Being a child care provider isn't always easy! We want to recognize the special providers who go above and beyond for their kids!

January 2021—Anna Orrino

Words from Anna:

Dear JCCCA and Providers,

This nomination comes as a wonderful surprise and I so appreciate the honor of this recognition. It is especially meaningful given how the last months of my career came to a close. As many of you know, I was set to retire in March 2020 and had planned a goodbye party with the families in my care, but all that was cancelled due to COVID-19. In fact, my families and I never got to even physically say good-bye to each other, much less experience the emotional closure of a goodbye. When quarantine closed child care facilities, we didn't know it would extend past the point at which I had planned my last day; eventually I had to leave the children's belongings that had been at my house on the porches of their homes, and we said goodbye through zoom. Instead of holding a business estate sale, I sold my business of 35 years slowly through porch pick-up little by little for two months. And compounding this lack of closure was that because we were moving out of state, I experienced sorrowful feelings of leaving JCCCA at perhaps the most difficult time for providers and the families and children we care for.

Yet, I am confident that JCCCA and licensed providers throughout our nation are standing stronger than ever before as you work together during this pandemic. Your efforts to implement new protocol from the CDC to provide safe care are inspiring. I'm so proud of you as you persevere together for yourselves, your families, and your work with children. One day you will have great stories to tell!

This kind of dedicated support is what JCCCA did for me my whole career! We work "alone" with children in our home but we are made better together through JCCCA's support – and that is so needed. If you can find time to serve on the board - even if only for one or two years - I want to encourage you to do so. The JCCCA board amplified my professionalism and buoyed my confidence in work that is often unappreciated and minimized. I felt a sense of accomplishment giving back to the community. The board also yielded friendships with other professionals in the field that brought encouragement, inspirations, different perspectives, and laughter. Being a member of JCCCA, participating in the organization's offerings, and serving on the board will help guide your journey working alone day-to-day with the strengthened foundation that comes from the energy of a community . . . better together!

Finally, I would like to encourage you to visualize your goals for your life and work. What's your personal self-care, emotional & spiritual growth? What are your goals with children and their families? What do want your business to look like in two years, five years, and ten years? Someday, your own family will grow up and your children will live their own lives. So, make plans now for your future. Get professional help to plan your retirement. When you make goals, if you can also identify how to implement them and what supports you need, the sooner you can achieve them. I have been retired for nine months now and I love it! Some day it will be your turn!

Better Together, Anna Orrino annaorrino@gmail.com January 1, 2021

Are you interested in joining the JCCCA board?

Elections for vice president and secretary will be held in June 2021.

Don't be afraid to throw your name in or nominate someone!

Nominations and letters of intent are now being accepted and due no later than Wednesday, May 26th and may be emailed to JCCCA President Carrie Kennedy (misscarries@yahoo.com or jeffcochildcare@gmail.com)

Jefferson County Child Care
Association (JCCCA) is an
active professional association
that strongly supports
licensed family child care
home providers, enhances and
promotes professionalism
among child care providers
through education,
networking, and many
valuable resources and
activities.



Contact Us

Carrie Kennedy, JCCCA President 503-432-7979

Stacie Hightree, JCCCA Vice President 303-278-0017

Todd Blanchard, JCCCA II Vice President 303-956-3370

Lori Haubert, JCCCA Secretary 303-842-5770

Kim Roby, JCCCA Treasurer/Membership 303-988-8368

Website: www.jeffcochildcare.org Email: jeffcochildcare@gmail.com

Like us on Facebook!



Jefferson County Child Care Association

A professional association for licensed family child care home providers

About Us

Mission Statement

Jefferson County Child Care Association is a professional non-profit organization that supports, enhances and promotes licensed family child care home providers in Jefferson County, Colorado. We advocate for quality care and early education by assisting providers in their efforts and providing valuable training and resources.

Purpose

The Jefferson County Child Care Association for the promotion of social welfare including for such purposes:

- To offer a support system for licensed providers in Jefferson County.
- To enhance and promote professionalism among child care providers.
- To act as a liaison between providers and associated or interested parties, including the Department of Human Services.
- To further educate providers in all areas of childcare and to offer a complete resource of the continuing education available.
- To have a voice in family child care rules and regulations at both the county and state levels.
 To affect pertinent legislation at both state and national levels.
- To provide referrals to parents seeking licensed family home child care in Jefferson and surrounding counties.



"Not only does JCCCA offer free trainings and referrals, they also provide an entire network for support. Even though child care is a solitary business, providers are never alone."

Kerry, Lakewood Provider

With the help of JCCCA, I have a high quality program for the children in my care that continues to improve into a program I can be so very proud of." - Littleton Provider

"DCCCA has helped me grow as a provider in many areas. They have provided me support with referrals, classes, and connections with their members. They are a true sounding board for all of us." -Sarah, Arvada Provider

"I am so glad I found JCCCA! I have benefited so much both professionally and personally. My business is thriving with the help of JCCCA." -Jenny, Arvada Provider

What We Offer

ADVOCACY & SUPPORT

We are the voice of licensed family child care home providers in Jefferson County.

JCCCA is an active affiliate of Colorado
Association of Family Child Care and National
Association of Family Child Care. We stay closely
connected to child care issues and resources
through the Colorado Offico of Early Childhood.
Child Care Innovations. TRIAD Early Childhood
Council. Jefferson County Public Health. Triad
PTA. and Red Rocks Community College to name
a few. JCCCA members attend these
organizational meetings and calls to gain
information and have a voice through
collaboration for its members' benefit.

MENTORING & NETWORKING opportunities for providers to share their ideas, experiences, techniques, and support one another.

PROFESSIONAL DEVELOPMENT

"WHAT IT TAKES!" yearly conference Monthly Business Meetings & Training

REFERRALS & WEBSITE PROFILE

These services help members build their child care clientele and fill openings.

Personal connection for families looking for a licensed family child care program and all it has to offer children and their families.



Jefferson County Child Care Association

Membership Application



The Membership Application and Fee will cover renewals and new memberships for the fiscal year July 1, 2021 – June 30, 2022. Please read and fill out the following information completely.

, ,		3 ,
JCCCA NEW APP	PLICATION (New Members-not a member l	ast year) \$40
JCCCA RENEWA	L APPLICATION	
(Member last y	ear-must be received before June 30th)	\$35
15 MONTH JCCC	A APPLICATION (New Members April 1 – .	June 30) \$40
18 MONTH JCCC	A APPLICATION (New Members January 1	I–June 30) \$55
CAFCC MEMBER	SHIP (Colorado Association Family Child	Care) \$45
JCCCA Members	get a discount if they belong to CAFCC a SEPARATE check payable to CAFCC)	\$40
	SHIP (National Association Family Child C	Care) \$45
	CAFCC Members get a discount if they belong to NAFCC (Please enclose a SEPARATE check payable to NAFCC)	
All Membership Rer membership be Make checks payable to J Online registration and oth Mail your application, copy JCCCA Membership Proceedings For questions.	Care Association membership applements must be received before Jurgenefits or the new membership fee ICCCA. The payment options available at our website www. The yof current child care license, membership fee an essor/Treasurer: Kim Roby, 12296 West Ohio Playions on membership or fees please call Kim 303-stream fees to the please call Kim 303-stream fees to the	ne 30 to avoid interruption of will be due to reinstate. A jeffcochildcare.org and a self-addressed stamped envelope to the lace, Lakewood, Colorado 80228 988-8368 PHONE
ADDRESS	CITY	ZIP
LICENSE#CHII	LD CARE ANNIVERSARY DATE	BIRTHDAY MONTH
JCCCA MEMBERS are asked to volunteering in some respect. IJCCCA BOARD POSITIONNEWSLETTER STAFFCRAFT EXTRAVAGANZA	ACTIVELY support and participate in their prof would like to participate in the following: HOSPITALITY (help in the kitche REFERRAL PROVIDER "WHAT IT TAKES" CONFERE	en and/or bring food to meetings)
I agree to abide by the current (Copies of JCCCA BYLAWS are	Jefferson County Child Care Association available upon request at JCCCA association	Bylaws. n meetings and online).

DATE SIGNATURE_ For information and resources visit the Jefferson County Child Care Association website: www.jeffcochildcare.org

CERTIFICATE OF MEMBERSHIP

THIS CERTIFICATE IS GOOD FOR A
FREE JCCCA MEMBERSHP



Free membership is for newly licensed programs.

Certificate must be redeemed within 6 months of receiving a new Family Child Care Home license.

Membership application and information can be found at www.jeffcochildcare.org

CARRIE KENNEDY

JCCCA president

NAME OF PROVIDER

license number & issue date

Volunteer Opportunities with JCCCA

NEWSLETTER CONTRIBUTOR

NEWSLETTER EDITOR*

PARENT PAGES NEWSLETTER

BENEFITS COORDINATOR*

HISTORIAN*

Share Your Talents with Others!

*Board Position

NEWS FLASH!!

On March 17th, the **Regulation of Family Child Care Homes bill** (HB21-1222) was introduced to the Colorado Legislature. The bill requires that family child care homes be classified as residences for purposes of licensure and local regulations, including zoning, land use development, fire and life safety, and building codes. Please see the fact sheet below for more information and the above link to track the bill's progress and developments.

Visitor Guidelines for Child Care Programs: The Office of Early Childhood (OEC) and the Colorado Department of Public Health and Environment (CDPHE) have clarified and updated guidelines for visitors in child care programs based upon the dial level your county is currently at (effective 3/9/21). Part of the guidance still states, "It is not recommended at this time to allow visitors who provide extracurricular services not essential to the child care operation. It is still recommended that children are dropped off and picked up using a curbside method."

Triad Supply Distribution: Supply distributions are listed on the Triad website event calendar. Advanced registration required.

Child Care COVID-19 & Illness Questions: Please send all JeffCo child care COVID-19 related inquiries and/or outbreak reports to HealthEPREpiLiaison@co.jefferson.co.us

Child Care COVID-19 & Illness Resources: Programs are to use the following documents in determining when to exclude children from care for illness symptoms. These documents should be used in conjunction with each other. How Sick is Too Sick?, At-Home Symptom Screener, Return to Learn Guidance, Face Covering Guidance for Child Cares

Save the Date: The Triad "Linking Communities for Success" conference will be held virtually April 30 from 10:00-4:00 and May 1 from 9:00-3:00. More information to come. Know of a possible presenter? Have them complete this presenter interest form.

Immunization Information: SB20-163 (School Entry Immunization) has changed some of the immunization reporting and recording requirements for child cares and families. All child cares are now required to share the 2021 Parent Letter with families on or before February 15th yearly. Starting in the 2021-22 school year, MMR immunization and exemption rates are required to be included on page 2 of the letter. Programs can include this information in the letter by downloading the 2021-2022 Parent Letter. There have also been some substantial changes to the Nonmedical exemption process, and it is recommended you review the vaccine exemption page. You can find more information in this PowerPoint Presentation prepared for CAFCC by CDPHE.



systems estimated to cost tens of thousands of dollars,

Outright prohibitions of FCCHs in certain homes because of zoning restrictions, or

Failure to open new programs as providers are discouraged and/or cannot afford to navigate the additional

Early Milestones Colorado. COVID-19 EC Research Partnership. Accessed Fell 2020 from https://earlymilestones.org/project/Covid

Providing quality child care is expensive and the costs are often inaccessible for Colorado families who, on average, spend 20 percent of their household income on child care. Despite the high costs to provide quality child care, providers are unable to set tuition rates high enough to cover their expense because many families cannot afford the higher rates. Local regulations too often lead to financial costs that make FCCHs unsustainable and result in

What can be done? Policymakers can support this bill to reduce burdensome

regulations simply by requiring local regulatory entities to treat family child care homes as residences for regulatory purposes such as zoning, fire, life safety, and building codes. Given that state licensing regulations already require FCCHs to meet health and safety standards to ensure the wellbeing of all children in care, this change will prevent additional or conflicting regulations from being placed on FCCH providers above state rements. In doing so, the legislature can help increase the availability of quality child care with communities throughout Colorado and boost the economy by enabling working families to maintain employment.

> List of Supporters A Caregivers Network **Boulder County Family Child Care Association** Clayton Early Learning Colorado Association of Family Child Care Colorado Children's Campaign Colorado Head Start Association Colorado Statewide Parent Coalitio Council for a Strong America – Colorado Chapter Early Childhood Council Leadership Alliance Early Childhood Council of Larimer County Early Childhood Partnership of Adams County Executives Partnering to Invest in Children Florence Crittenton Services Huerfano-Las Animas Counties Early Childhood Council Illuminate Colorado Jefferson County Child Care Association MyVillage Raise Colorado Save the Children Action Network Small Business Majority Spring Institute for Intercultural Learning The Bell Policy Center Women's Foundation of Colorado

Contacts: Aly Schmidt, <u>elv@he.edwetersstrategies.com</u>, 970-214-4231 Will Coyne, with the adwater strategies cor

Riley Kitts, piley@coloradokots.org, 303-960-6492 William Mutch, william@mutchgr.com, 720-308-3497



Stressed? Virtual learning and changing plans wearing you down? Want support around COVID chaos?

We're here for you.

Teacher/Educator Well-Being Support Line

303-724-2500

Call or text.

Talk to a trained Crisis Counselor volunteer who can listen and support you. 8 a.m.-8 p.m. 7 days a week via telephone or text message. Free & immediate access to mental health services available as needed.

The Well-Being Support Line is a free service for all educators and school employees including ECE, K-12 programs, and higher education. The support line is available to any educator across the state including teachers, administrators, para-professionals, health care teams, and support staff.



Don't Miss These Opportunities!!!

<u>Small Business Development Center Child Care Business Trainings:</u> Small Business Development Centers (SBDCs) across the state will offer business training courses to licensed child care providers at no cost. The following SBDCs will offer training in 2021: Aurora South-Metro, Boulder, Denver Metro, East, Pikes Peak, North Metro, and West Central.

The training courses will be offered virtually to providers around the state, but may include content specific to the community in which the SBDC is housed. Each training will be focused on one of the following target populations: child care centers, family child care homes, or programs interested in starting up or expanding. Additionally, at least one training will be conducted in Spanish. Trainings will include 4-6 sessions covering business best practices. At least 11 training series will be offered throughout the calendar year of 2021. The OEC webpage will list upcoming trainings under the "Available Training, Scholarship, Grant, and Other Opportunities" section.

Budgeting, Cash Flow, and Taxes for Child Care Providers (West Central SBDC): Learn how to leverage cash flow as a financial planning tool, start making better business decisions, and begin planning your vacation while earning professional development hours in the PDIS system! 9-session, self-paced webinar series with one-on-one support from SBDC consultants. Free! Participants can earn professional development hours through the Professional Development Information System (PDIS) by completing all 9 modules and checking their understanding at a minimum of 2 consultation sessions. Participants who meet these requirements will receive a survey to capture their PDIS user information. This training is designed for in-home and small facility providers. Click here to register!

Entrenamiento de Negocios para Centros de Cuidado de Niños (Spanish Language Business Course for Family Child Care Home providers): Este curso es para Centros de Cuidado de niños basados en Casa. En esta clase, usted aprenderá técnicas y estrategias para manejar las finanzas, el mercadeo y las operaciones de su negocio. Si es que asiste a todas las 6 clases, esto le contará como Desarrollo Profesional a través del sistema Professional Development Information System (PDIS). ¿Preguntas? Contáctese con Elena a evascone@auroragov.org o llame al (303) 326-8808. Seminarios Virtuales: Miércoles, 7, 14, 21, 28 de abril y 5, 12 de mayo (6:00 - 8:30 PM) Registración previa requerida (en línea): www.Aurora-SouthMetroSBDC.com/training Costo: Talleres Gratuitos

<u>Business Fundamentals for Child Care Centers:</u> This seven-week program is designed to help child care providers improve their business practices to both better serve their customers and promote their business's success with increased revenues. This course is designed for owners and staff of child care centers in the state of Colorado with fewer than 75 children and owners of family child care homes. Child care providers can earn professional development hours through the Professional Development Information System (PDIS) by attending all training sessions. A recorded option and follow up with the trainer is available if you have to miss a live class. Click here to learn more or to register!

In addition to the training, SBDC consultants around the state are available to work with licensed providers for one-on-one consultation on business needs, such as building a budget or seeking financial support (e.g. grants, PPP loans). Consultation is now available at no cost in English and Spanish. Click here to register for an appointment today!

<u>Child Development Associate Scholarships/En curso: Becas para asociados</u> en desarrollo infantil

The Office of Early Childhood, in partnership with Red Rocks Community College and Mesa County Public Health, has released the application for Child Development Associate (CDA) Scholarships for new CDA candidates and renewal candidates. Funding will support training costs and assessment fees for approximately 220 new CDA candidates and assessment fees for approximately 70 candidates. Advisors will be available to help candidates find a training program that meets CDA requirements and assist with the creation of their portfolio for final assessment. Visit the Red Rocks Child Care Innovations website or contact Julia Brink (julia.brink@rrcc.edu) for more information. Second application period: Information Meeting on April 29, 2021, 7:00 PM; Application Opens: May 3, 2021



Parent Page April 2021



Child Care Provider
For JCCCA
Provider of The Month!

Nominate Your

E-Mail Nikki

nikkisnngenerations@gmail.com

www.jeffcochildcare.org



"The beautiful spring came, and when Nature resumes her loveliness, the human soul is apt to revive also."

-Harriet Ann Jacobs

Quick Huevos

1 c. fresh salsa or Pico de Gallo

2 Tbsp. olive oil

1 can black beans, drained/rinsed

4 large eggs

4 6-inch corn tortillas, warmed

1/2 cup crumbled feta cheese

Pepper to taste

Fresh, chopped cilantro

Heat a medium skillet over low heat and add 1 Tbsp. olive oil. Add the beans and heat until warmed through, smashing slightly with a fork. In a separate pan, fry the eggs sunny-side up in the remaining olive oil. Season with pepper. Place 1 warm tortilla on each plate. Divide the beans among them, then top with a fried egg, some salsa and feta cheese. (15 min, Serves 4)

Parent Page Edited by Carrie Kennedy & Vera Ananda



Vaccines and Child Care: What Should Parents Know?

A few years ago, a major scientific study[†] out of Denmark gave further evidence that there is **no link** between autism and the vaccine for measles, mumps, and rubella (MMR.) Still, many parents are choosing not to follow the recommendation from the American Academy of Pediatrics (AAP.) They are choosing not to vaccinate their babies and children with the MMR vaccine.

You may be wondering: What are the vaccination requirements for my child? What can I do to ensure my child is safe and healthy? Here are the facts to consider as you do your best to make healthy decisions for your child:

- Child care providers collect immunization records for every baby and child in their care on an ongoing basis.
- Child care providers are trained to read immunization records, and compare them with AAP recommendations. They notify parents if a child has not received the vaccinations that are due.
- If a child is behind on vaccinations, parents have 14 days to get the required vaccine(s), or submit a written plan to get caught up.
- If a child cannot receive a vaccine due to medical reasons, the child's pediatrician must fill out a Medical Exemption Form[‡].
- Parents who choose not to vaccinate their children for personal reasons must submit a Non-Medical Exemption Form[‡] at every interval when vaccines are due.
- Child care providers will notify the families of non-immunized children if a vaccine-preventable disease occurs in their child care home.

If you would like to see which vaccines are recommended, and at what age, you can visit https://www.cdc.gov/vaccines/parents/downloads/parent-ver-sch-o-6yrs.pdf Please feel free to talk to your child care provider or your pediatrician if you have further questions about vaccines and child care.

- † Hviid, Anders, et al. "Measles, Mumps, Rubella Vaccination and Autism." Annals of Internal Medicine, 2019, doi:10.7326/m18-2101.
- ‡ To find exemption forms, please visit: <u>https://www.colorado.gov/pacific/cdphe/vaccine-exemptions</u>

Parent Page May 2021



www.jeffcochildcare.org

Nominate Your
Child Care Provider
For JCCCA

Provider of The Month!

E-Mail Nikki

nikkisnngenerations@gmail.com

Clickety Clack (by: Mother Goose Club)



Clickety clack, clickety clack,
What's that coming down the track?

A freight train!

Freight train coming down the track Clickety, clickety, clickety clack!

(Repeat for steam engine, flat car, tank car, passenger car, and caboose)

Health and Wellness Resources

May is *Health and Wellness Awareness Month*. Here are some wonderful resources for you and your family, to help you stay healthy:

Connect for Health Colorado (Ph# 855-752-6749)

Colorado resource to help individuals understand and purchase health insurance. http://connectforhealthco.com

PEAK: Medical/Food/Cash/etc. Assistance (Ph# 800-536-5298) A website for Coloradoans to apply for Medicaid, food assistance (SNAP), child care assistance (CCAP), and other public assistance programs. https://coloradopeak.secure.force.com/

Women, Infants and Children (WIC) Program (Ph# 303-692-2400) A Colorado program to support women, infants, and children to receive adequate nutrition, and also breastfeeding support. https://www.coloradowic.gov/

Colorado Crisis Services (Ph#844-493-8255)

A free resource which can provide support with urgent or non-urgent behavioral health issues, including suicidal thoughts, substance abuse, family crises, relationship problems, and much more. http://coloradocrisisservices.org/



Happy Mother's Day! May 9th



Pasta Primavera

25 min. prep, 20 min. cooking, serves 6 *Ingredients:*

- 3 carrots
- 2 yellow squash
- 2 medium zucchini
- 2 red bell peppers
- 1 large onion
- ¼ c. olive oil

Kosher salt and fresh black pepper

- 1 Tbsp. Italian seasoning
- 15 cherry tomatoes
- ½ c. grated Parmesan

Directions

Preheat the oven to 450 degrees F. Chop carrots, squash, zucchini, and bell peppers into matchsticks, and thinly slice the onion. Toss with the oil, salt, pepper, and dried herbs. (Can prep night before) Transfer veggies onto 2 large baking sheets. Bake until the carrots are tender and the veggies begin to brown, about 20 min.

Meanwhile cook the pasta in a large pot of boiling salted water about 8 minutes. Drain.

Toss the pasta with the veggies in a large bowl, season with salt and pepper, and sprinkle with the Parmesan.

Parent Page Edited by Carrie Kennedy and Vera Ananda

Child Care Insurance Options

Assure 855-818-5437

www.assurechildcare.com

Child Care Insurance Professionals 1-888-812-9992

Daycare Defender 1-800-410-6333 www.dcdefender.com

Markel 1-888-515-8537

www.markelchildcare.com

New England Insurance Services, Inc 1-888-845-8288 www.neisinc.com

American Family Insurance

Aaron Turner Agency, Inc 720-941-5833

Farmers Insurance

Doug Draper 303-985-8800 Michelle Yardeny 720-499-0021 Mike Boling 303-979-0315

State Farm Insurance

Dave West 303-790-4333

Inclusion on this list is not an endorsement by JCCCA

County Associations

Adams County ~

http://www.childcareinadamsco.org/

Arapahoe County ~ http://www.acfcca.org

Broomfield County

Boulder County ~ http://www.bcfcca.org/

A Caregiver Network ~

http://www.caregivernetwork.org

Colorado Association of Family Child Care

http://www.coloradochildcare.com

Denver County ~ http://www.dafcc.com/

Douglas County ~

http://www.douglascountychildcare.com/

Northeast Denver Child Care Network ~

http://ndccn.org/

Licensed Family Child Care Association

(Larimer, Weld, Boulder counties)

https://licensedfamilychildcareassociation.com/about-us/

Pikes Peak Region Family Child Care Assoc

https://cosfamilychildcare.com/

Weld County Family Child Care Association ~

https://www.facebook.com/Weld-County-Family-Child-Care-Association-181887175233058/

CAFCC Colorado Association Of Family Child Care

CAFCC is the professional voice of Colorado's 4000 licensed child care providers. Since 1972 CAFCC has promoted:

- * The positive professional image of Family Child Care according to current Colorado rules and regulations.
- * The promotion of positive working relationships with the child care community at local, state and national levels.
- * The education of the community about the benefits of family child care.

MEMBERSHIP

Only through membership can the voice of one be heard by many! Dues are \$40.00 per year.

Join the state association today by contacting: The CAFCC President, Amber Bilby, 303-921-1277

MEETINGS AT:

In person meetings currently suspended Meetings are being held via Zoom

Bear Valley Church 1001 West Jewell Avenue—Room 202 Lakewood, CO 9:00 am –12:00 pm; Pot Luck, Bring a Dish.

CAFCC Calendar of Events

April 24, May 22, June 26 Trainings from 9-11 Board meeting from 11-1

Please check the CAFCC website for additional meeting information and dates.

CAFCC BOARD

President—Amber Bilby Vice President—Stacey Buzbee Secretary—Rosemarie McFate-Regan Treasurer—open

CHECK OUT OUR NEW RE-DESIGNED WEBSITE:

https://coloradochildcare.com/

Training

For a list of the most current training requirements by child care licensing, go to JCCCA's website jeffcochildcare.org or the Colorado's Office of Early Childhood's website.

A Caregiver Network ~

http://caregivernetwork.org/training/ Pre-Licensing, Standard Precautions

Advanced Care ~ 303-384-3696

Child Care Education Institute ~

https://www.cceionline.com/catalog/

Child Care Innovations ~ 303-914-6307 http://www.cciproviderpost.org/

Child Care Training ~

https://www.childcaretraining.org/

Care Courses ~1-800-685-7610

www.carecourses.com

Childcare Educational Opportunities ~

Judy 303-886-8077

CPR, First Aid, Standard Precautions, Medication Class and Correspondence Courses.

Early Childhood Investigations Webinars ~

https://www.earlychildhoodwebinars.com/

Pro Solutions Training ~

https://www.prosolutionstraining.com/content/?id=6 1/Colorado/

Red Rocks Community College ~ www.rrcc.edu

Smart Horizons ~ 1-800-261-6248

http://www.smarthorizons.org/naccrra/rrcc/

Wildwood Resources, Inc. ~ 303-730-0460

www.wildwoodonline.org

Standard Precautions Training and Continuing Education Correspondence

Courses.

Inclusion on this list is not an endorsement by JCCCA.

It is each individual's responsibility to confirm the training is accepted by licensing and fulfills the needed requirement.



**Updated March 2021*

First Aid, CPR & Medication Training Courses

To find a full list of Division of Early Care and Learning approved training vendors for First Aid and CPR; Medication Administration; and Standard Precautions visit www.coloradoofficeofearlychilhod.com

A Caregiver Network ~ 303-916-2530 www.caregivernetwork.org

Advanced Care ~ 303-384-3696

Child Care Innovations ~ 303-914-6307 http://www.cciproviderpost.org/

Childcare Education Opportunities ~ 303-886-8077

The Child Health Connection ~ 303-431-2446

Colorado CPR Pros ~ 720-605-0605 https://coloradocprpros.com/

Front Range CPR LLC ~ 720-524-6447 www.frcpr.com

Heart Smart ~ 303-456-8543 https://coheartsmart.com/

Inclusion on this list is not an endorsement by JCCCA

CHILD CARE INNOVATIONS

Developing Creative Solutions for Meeting the Complex Needs of Young Children And Their Caregivers.

Red Rocks Community College 13300 W. 6th Ave. Campus Box 22B Lakewood, CO 80228-1255

Child Care Referrals 1-877-338-CARE

Provider Updates 303-969-9666

- *Assistance in developing marketing and business plans for your child care business.
- *Information regarding resources for start-up.
- *Mentor support
- *Seminars and Workshops that carry college credit and offer timely information for today's child care professional.
- *Free referrals for you child care business.
- *Staffed by experts in the business of caring for children.

Provider Support Line 303-914-6584

JCCCA TELEPHONE LIST EXECUTIVE BOARD
PRESIDENT Carrie Kennedy —————————————————303-432-7979 12479 West 71 st Place, Arvada CO 80004
VICE PRESIDENT Stacie Hightree 303-278-0017
II VICE/PARLIAMENTARIAN Todd Blanchard — 303-956-3370
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BENEFITS COORDINATOR Currently Open
NEWSLETTER EDITOR Currently Open
HISTORIAN Currently Open
SPANISH SPEAKING RESOURCE Rita Cecava ——————————————303-969-9919

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JCCCA REFERRALS

JCCCA REFERRAL COORDINATOR

Tarissa Smith 303-979-3578

NORTH AREA COORDINATOR

Carol Mawhir - 303-423-4509 80002, 80003, 80033, 80212

Stacy Burge --303-463-0228 80020, 80030, 80031, 80034

Katie Johnson----303-456-7481 80004, 80005, 80007, 80021

CENTRAL AREA COORDINATOR

Kim Roby----- 303-248- 3969 80226, 80232, 80219, 80225, 80214, 80215, 80204

Kerry Aldrich-----720-524-4970 80227, 80235

Penny Polston—303-986-0230 80228, 80401, 80402, 80403, 80419

SOUTH-WEST/ MOUNTAIN AREA COORDINATOR

Tarissa Smith 303-979– 3578 80465, 80127, Mtn

Leah Slife—-303-979-9485 80128, 80123

ALL ZIPS - NIGHTS AND WEEKENDS

Penny Polston----303-986-0230

METRO REFERRAL NUMBERS

Child Care Associations

JCCCA	jeffcochildcare.org
Child Care Referrals ~	— 1-877-338-CARE
Adams County ~ ———	720-883-6777
Arapahoe County ~	303-246-5146
Caregiver Network (Arapahoe) ———	720-767-1862
Boulder ~	www.bcfcca.org
Broomfield ~	303-460-9490
Denver ~ Mary Jo Th-	303-756-8901
North-East Denver —	303-981-4079
Douglas County	
Castle Rock———	303-660-5584
Highlands Ranch, Lone Tree,	
Acres Green, Centennial	303-791-3386
Parker, Elizabeth——	303-805-0824
Weld County ~ Cindy Ververs———	970-302-0703

^{**}Information updated January 2020

CHILD CARE INNOVATIONS

Red Rocks Community College 13300 W. 6th Ave., Campus Box 22B Lakewood, CO 80228-1255

General Office Number —	303-914-6304
Provider Support Line —	303-914-6584
Training Information————	303-914-6307
Provider Updates: ————	303-969-9666
General Licensing Information —	303-914-6304
Licensing Fax—	303-914-6240

LICENSING

80454, 80465, 80467

Patricia Bolton-Director————303-914-6527 pat.bolton@rrcc.edu

Tiffani Stout Asst. Dir. Licensing—--303-914-6581 tiffani.stout@rrcc.edu

*During any caseload vacancy/training periods, inspections may be completed by other child care licensing specialists as assigned.

OTHER RESOURCES

Div of Early Care & Learning — 303-866-5948
Director — 303 866-5943
Advisory Committee on Licensing 303-866-5110
Child Care Complaint Line ————————————————————————————————————
Jeff. County Public Health — 303-232-6301
JeffCo Immunization Info — 303-232-6301
CAFCC Amber Bilby ———— 303-403-4262
COAEYC Office ————————————————————————————————————
CO Children's Campaign ————————————————————————————————————
Kid's Nutrition ————————————————————————————————————
Wildwood Resources ————————————————————————————————————
24 Hrs. Child Protection Hot Line -303-271-4131
Colorado Shines Child Care Referral
@ Mile High United Way ————-211
Children's Hospital Colorado
Parent Smart Hotline ————————————————————————————————————
Poison Control ————————————————————————————————————
Jefferson Center for Mental Health
Early Childhood Consultant Warmline- 303-432-5455
Early Intervention Colorado — 1-888-777-4041
Colorado Child Abuse & 1-844-264-5437
Neglect Hotline ————844-CO4-KIDS

Trusted Sites for COVID-19 Information

(click to be taken to the site)

<u>World Health Organization (WHO)</u> – updated information on the COVID-19 outbreak, guidance and resources

<u>Center for Disease Control (CDC)</u> – latest up to date information on COVID-19 and resources

CDC Guidance for Schools and Child Care

<u>Colorado Department of Public Health & Environment (CDPHE)</u> – up to date information on COVID-19 in Colorado

<u>Safer at Home: Child Care Facilities</u>-current guidance from CDPHE <u>CDPHE resources for schools, workplace & community</u> - Includes guidance documents and closure guidance for child care programs. <u>How Sick Is Too Sick?</u> —When children should stay at home from child care or school. A guide from CDPHE.

<u>Cases & Outbreaks in Child Cares/Schools</u>-guidance from CDPHE <u>Jefferson County Public Health (JCPH)</u> – Information regarding COVID-19 in Jefferson County and resources

<u>Colorado Office of Early Childhood</u> – Updated information for Colorado child care programs

Resource Guide for Child Care Providers during COVID-19-guide from the Office of Early Childhood

<u>Colorado Child Care Emergency Collaborative</u> – find information on child care services during this public health emergency including ways you can participate in providing child care services to essential personnel

JCCCA's Facebook page – another area resources and updated information will be posted for members and families

Healthy Child Care Colorado - temporary guidance has been developed in response to the COVID-19 pandemic. This includes guidance required by Colorado licensing rules, COVID-19 Colorado public health and executive orders and national, state, and local recommendations for best practices during this public health crisis.

VISIT OUR WEBSITE! www.jeffcochildcare.org



THE OPEN DOOR; P.O. Box 280853; Lakewood, CO 80228

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Interim Editor — Carrie Kennedy

Provider Times—Amber Bilby

Parent Pages— open position

The Open Door Newsletter is a publication of the Jefferson County Child Care Association. JCCCA publishes six issues per year. The April/May issue is emailed to all licensed providers in Jefferson County and is considered the "annual mass mailing issue". JCCCA does not assume responsibility for any fact or opinion stated herein, nor does acceptance of any advertising, paid or complementary, imply endorsement for any product or services by JCCCA. The deadline for articles or advertising submissions is the 1st of each month previous for inclusion in the following month's publication. The deadline for June/July 2021 Newsletter is 5/1/2021. Each submission must be mailed or emailed to the above address and must include name and telephone number and the month the submission is to be printed. Please do not telephone in submissions. Submission does not guarantee inclusion. The Editor reserves the right to refuse any submission. Advertising rates are available by calling the Newsletter Editor for the current rate. Any editorial based errors in advertising copy or size will be corrected free of charge and the advertiser will receive additional advertising to fulfill original advertising order in full with corrected advertising. However, these errors must be brought to the attention of the editor at the time of the first publication of advertisement. Any errors caused by the advertiser submitted copy may be corrected, but will not extend the length of the original contract.



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