

10 Special Ways to Celebrate The Holidays with Your Baby

Sure, there are plenty of exciting holiday activities and places to go: from having breakfast with Santa to traveling across town to see a Christmas show. But, with little ones needing their naps and feedings, participating in everything can be quite challenging! Here are some ideas to help make the holidays special with baby, right from home:

1. Snap a photo of baby near the Christmas tree.
2. Make a handprint or footprint craft with baby.
3. Make a baby-friendly Christmas tree using felt for the tree and ornaments. (See example below.)
4. Take a family drive to see neighborhood lights. Bring hot chocolate for the grown-ups!
5. Read holiday stories together or sing songs by candlelight.
6. Cook a favorite family recipe- even if baby is too little to taste it, the smells will create lasting memories!
7. Splurge on cozy holiday pajamas (for baby and for you!)
8. Make festive snacks for older babies, like snowman pancakes, or Santa hats using strawberries and bananas.
9. Invite a few close relatives for a simple meal or potluck.
10. Last, but not least, simply take time to enjoy the beauty and sweetness of your baby. . . Just being with you is definitely at the top of his Christmas wish-list!



I'm a Little Snowman

I'm a little snowman short and fat
(Stand with arms in circle above tummy)

Here are my buttons
(Point down front of shirt)

Here is my hat
(Pat top of head)

When the sun comes out, I cannot play
(Point up and shake head "no")

Slowly I just melt away
(Bend slowly down to floor)

MERRY
Christmas
HAPPY HANUKKAH
AND
HAPPY
Holidays