THE OPEN DOOR

April/May, 2019

JEFFERSON COUNTY CHILD CARE ASSOCIATION
"TOGETHER WE SOAR!"

Jefferson County Child Care Association Meetings
Held @ Clements Community Center
1580 Yarrow Street, Lakewood
Meeting 6:30~9:15 P.M.

Please bring a dish for the pot luck. The meeting starts promptly at 6:30 pm. Providers may want to arrive early to allow time to check in, drop off food and visit the vendors. During the meeting, please be considerate of other providers that are attending the meetings, by turning off or silencing cell phones and limit conversation. **Please do not bring children to the meeting; breast fed babies only. All non-members pay $10 at the door.**

Association Meeting

Wednesday, April 24, 2019

Provider Appreciation Meeting

"Providing a Goodness-of-Fit for Young Boys in Early Care & Education"

Statistics show that, compared to young girls, young boys as a group are more likely to be suspended and expelled, placed in special education, have discipline problems and/or are not considered ready for kindergarten. This presentation examines some reasons for this problem and then provides a variety of suggestions for how we can increase the chances of success for the young boys that we serve.

Presented by Francis Wardle, PhD; Early Childhood Education Instructor and Author

1 hour Social Emotional (TP 35.1) & ½ hour Child Growth, Development & Learning (CGDL 7.1)

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Association Meeting

May 22, 2019

"Starting Solids: Intro to Baby-Led Feeding"
Come learn about introducing solid food to babies from an anthropological and biological point of view, the Baby-Led Feeding way, and why this is so important.

Presented by Alisha Wilkins, IBCLC

1 ½ hours Health, Safety & Nutrition (HSN 15.1, HSN 17.1)

Provider Appreciation Meeting

The Central area will be hosting the April Provider Appreciation meeting. We hope you will join us and celebrate being a Provider. The Central area will be providing the food for the evening, so no need for others to bring food that night. If you are in the Central area, please contact Kim Roby (303-988-8368) to help out.

www.jeffcochildcare.org

"PURPOSE"

- To offer a support system.
- To enhance and to promote professionalism among child care providers.
- To act as a liaison between providers.
- To further educate providers in all areas of child care.
- To have a voice in family child care rules.

Feb/March 2019 Newsletter

Volume 42 Issue 2

JCCCA
P.O. Box 280853 Lakewood, CO 80228

PRESIDENT'S NOTES

Hello! Child Care Providers!
This issue of the JCCCA Newsletter is our Mass Mailing to all licensed child care providers in Jefferson County. Our newsletter is published bimonthly all year.
I receive information from ExchangeEveryDay. They always include some kind of a quote. This one caught my attention. It is so true and such a huge part of what we try to accomplish with our little children.

"The important thing is not so much that every child should be taught, as that every child should be given the wish to learn." -Sir John Lubbock

This is our goal, of course! As we open our doors each day to our families with their precious children we must maintain incentive and excitement for our goals. I know this comes from inside each of us. But, I would like to say…..we need support from lots of directions. Our own families, the community and also from other child care providers!

The success of my business always sharply depends on this support system. JCCCA's most important goal is to support licensed family child care providers! Our "punch line" is "TOGETHER WE SOAR!" The support we get from each other keeps us to be inspired with greater understanding, new ideas and a push of incentive. We need the support of each other.

We just held our Annual "WHAT IT TAKES!" CONFERENCE on March 2nd. We filled our conference room with providers from all over the Denver area and the surrounding counties! Our fabulous speaker, Sharron Krull, was fabulous! Her ideas and highly motivating information left all of us excited and ready to meet our young children on Monday with renewed vim and vigor! This was a day full of opportunity that puts "fire in the belly!"

This is the kind of work, JCCCA does. With our monthly association meetings, newsletter, webpage, referral service, contest, conferences, special activities and much more……..we certainly do fulfill our mission……."TOGETHER WE SOAR!"
If you are not a JCCCA member, JOIN today! We can't wait to welcome you and support you as you support us! We like to recognize our excellent providers each month at our meeting with our Provider of the Month. We want you!

Upcoming, this year, are wonderful association meeting workshops.....all with one purpose in mind to help us in our efforts to serve young children and our community with quality child care! We are starting a GARDEN CONTEST in April through September; our READING CONTEST starts in August through October; and our CRAFT EXTRAVAGANZA is in November. Also in April, we will have our PROVIDER APPRECIATION meeting hosted by the Central Jefferson County members. Dinner will be served by these members with a special theme. Dr. Francis Wardell will be our special speaker presenting a workshop to help us better interest and teach boys in our programs. He teaches at Red Rocks Community College and is an excellent professor! (See the applications and fliers for all of these activities in this newsletter. Take advantage of these opportunities JCCCA presents.)

We have a brand new WEBSITE! Check it out. Put your child care business in the e-referral bio section. This has been updated and will assist families looking for childcare. You have a chance to enter a description of your program and share your thoughts and goals for children with families looking to place their children in a quality child care setting.

Just like all of our newsletters, this newsletter includes great information for you to use. Sue Kansteiner, our newsletter editor always includes wonderful articles for all of us. Be sure to like us on Facebook! Again, if you are not a JCCCA member…..Join today! We welcome you! We have a lot to learn from each other!

BURN BRIGHTLY BUT DON'T BURN OUT!
Marilyn Dean, JCCCA President

REFERRAL CORNER

Submitted by Tisa Smith

This is a list of the calls referral providers have received from parents looking for childcare for January/February 2019

North	Under 2	Over 2	School Age	Total
80002/80003	10	9	0	14
80033/80212	2	4	0	4
80004,20007, 80021	11	8	0	13
80005	7	9	0	14
80020, 80030,80031,80034	11	5	0	15
Central	Under 2	Over 2	School Age	Total
80226	10	3	0	12
80228	8	4	0	12
80232, 80225,(80219)	2	1	0	3
80401, 80402 80403, 80419	0	0	0	0
80227, 80235	3	1	0	3
South/West/Mountain	Under 2	Over 2	School Age	Total
80127	9	1	1	9
80123, 80128	13	4	0	17
80465	9	1	1	9
80433, 80439, 80453, 80454, 80457	0	0	0	0
Nights and Weekends	0	0	0	0

Mark Your Calendars!!

2018 JCCCA Meetings

April 24, 2019

May 22, 2019

June 26. 2019

July NO MEETING

August 28th, 2019

September 25, 2019

October 23, 2019

JCCCA Board Meetings are held on the First Monday of each month. Please call Marilyn Dean if you would like to attend (303-979-5952).

Treasury Report

Feb. 4th—March 10, 2019

Submitted By: Kim Roby

Beginning Balance:	$22,916.79
Income	10,000.00
Total	$32,916.79
Expenses	3,392.17
Total/Income Expense	$29,524.62

JCCCA'S GARDEN CONTEST

"HOW DOES OUR GARDEN GROW?"

"A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust." --Gertrude Jekyll

Contest Timeline:

Beginning Date: April 24th (at JCCCA meeting)
Documentation due: September 25th (on or before)
Winners rewarded: October 24 (at JCCCA meeting)

Choose a Category:

1. Container garden
2. Herb garden
3. Vegetable garden
4. Flower garden

Ideas that will help you win a prize! :

- Creativity and Originality
- Documentation! Write about your garden experience with children. Describe how your garden was incorporated into learning experiences with childcare; math, science, cooking, etc.
- Explain how your child care families/community were included in the process.
- Photos are fantastic! (Mount pictures and documentation on a display board, etc.)
- Show how your children were involved in the garden process:
  (Planning, preparing, planting, caring, harvesting and enjoying the results)

Registratration, Pictures and all documentation: Must be submitted by email, flash drive, or bring to the September 25th Association meeting **BEFORE SEPTEMBER 25TH!!** Submit to Jenny Boncich, my4kids67@msn.com or Diane Gonda bdgonda@q.com. For information contact Garden Contest Committee: Sue 303-985-2622, Carrie 303-432-7979 Marilyn 303-979-5952, Jenny 303-829-7242, Diane 303-232-1049.

Prizes: Grand Prize, Second Prize and Third Prize ($25 - $150 Value)

Return this portion for registration

Name_____

Child Care Business Name_____# of children participating_____

E-mail_____Phone #_____

JCCCA 1st Annual Diaper Drive
February 14 - April 24, 2019

The Diaper Need

IT'S HARD TO be a A BABY IN POVERTY.

Now imagine it without diapers.

A baby needs six to 10 diapers per day, costing upwards of $100 a month. When a family lives at or below the poverty level, they might have to choose between paying bills, buying food...or buying diapers (which they can't buy with WIC or food stamps). Without enough diapers for routine changes, dirty diapers get reused, creating rashes and health problems - babies cry more, stress levels go up and parenting gets tougher.

We get diapers for these babies - and change lives!

ROCKY MOUNTAIN DIAPER DEPOT

We need disposable diapers in sizes #4, #5, #6, Pull-Ups and wipes!

The JCCCA Diaper Drive Goal:
20,000 diapers and 500 pkgs baby wipes

Community Drop-offs:

Clements Community Center - 1580 Yarrow Street
6:30pm - 8:30pm 3/27/19, 4/24/19

For more information and donations, contact:

Sue: 720-934-7968 • Amber: 303-403-4262
Stacie: 303-278-0017 • Carrie: 303-432-7979

Sponsored by Jefferson County Child Care Association • www.jeffcochildcare.org

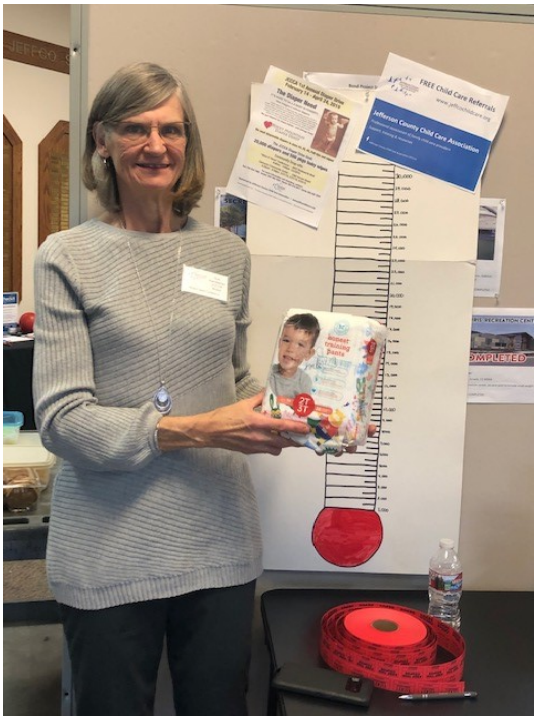
www.rmdiaperdepot.org • The Rocky Mountain Diaper Depot is a 501(c)(3) non-profit • All donations are tax-deductible

Photos submitted by Jenny Boncich from the "What It Takes Conference".

Sharon Kroll and Carrie Kennedy

Marilyn Dean, President, JCCCA

Conference Participants



Sue Kansteiner, Diaper Drive Chair

Board Members: From left to right Seated; Kim Roby, Stacie Hightree and Anna Orrrino. Back Row; Amber Bilby, Jenny Boncich, Tisa Smith, Marilyn Dean, Sheryl Ortiz, Loretta Sampson, Sue Kansteiner and Carrrie Kennedy.

HAVE YOU CHECKED OUT OUR FACEBOOK PAGE?

- JCCCA's Facebook page shares up to date relevant early childhood education information and news
- Receive announcements about upcoming meetings, membership news and licensing information
- Invite failies to "like" the page to learn more about developmentally appropriate practices for young children
- Use Facebook messenger to ask board members questions

What is a JCCCA Membership Worth?

A membership to the Jefferson County Child Care Association (JCCCA) is worth so much more than the $35 yearly membership fee ($40 for new members).

MONTHLY TRAININGS FOR LICENSE RECERTIFICATION - Ten times a year, JCCCA has a monthly meeting which includes a 1 ½-2 hours training that counts towards your continuing education for your license renewal. JCCCA offers training that is relevant, useful, up to date with current theories, is enjoyable, and with quality trainers and presenters. These trainings are part of your yearly membership fee. That's 15-20 hours of training for free! Upcoming training for 2018 includes the following:

PROVIDER APPRECIATION - JCCCA has a "Provider Appreciation" meeting once a year, because the work we do is important and everyone should be told they are appreciated.

Each month a provider is chosen to be recognized as Provider of the Month. A great chance to know other providers and what they feel is strong in their program.

ANNUAL "WHAT IT TAKES!" CONFERENCE - Members also can register early for the annual "What It Takes" conference at a discounted rate. This conference offers at least six hours of continuing education and features high quality speakers, vendors and networking.

SUPPORT & NETWORKING WITH OTHER CHILD CARE PROVIDERS - Perhaps the best benefit of belonging to JCCCA is being a member of like-minded individuals who understand what your day is sometimes like. Family child care can be a very isolating career. Most of us work without other adults in an environment of children aged six and younger. I sometimes go nine hours straight without speaking to another adult! You can always find someone within JCCCA who will understand the hardships, frustrations, and joys of our work. Other members quickly become friends and mentors who help in times of need and celebration.

BI MONTHLY NEWSLETTER - JCCCA produces a bi-monthly newsletter, *The Open Door*, for members and distributes one newsletter a year to all licensed family child care providers in Jefferson County. The newsletter has information about upcoming JCCCA meetings, book review and children's activities, craft ideas, licensing updates, insurance and training resources, current Early Childhood Education articles, professional news, and many other additional resources for providers.

FREE REFERRAL SERVICE - JCCCA also utilizes a phone referral system families can call by zip code to look for member providers with openings. Referral providers call members in their area and update openings once a month. This is another FREE benefit of JCCCA membership that can help promote your business and fill openings.

WEBSITE - Members can take advantage of JCCCA's website (www.jeffcochildcare.org) to create a personalized profile on the E-Referral page. E-Referral is an online provider search for families to use to look for providers. The JCCCA website has great information for providers and families alike. Find resources to help you with policies, forms, licensing, training, and links to other useful sites.

VOLUNTEER OPPORTUNITIES - JCCCA is also a great organization to help you become more active in the field. There are several volunteer positions available whether you just want to help an hour once a year or become an active voice for family child care providers within the Early Childhood Education field.

PROVIDER TIMES - JCCCA utilizes a great online communication tool, the Provider Times, that enables our members to be in constant contact with current information and valuable resources. As JCCCA receives information, we can relay it quickly to members. Our newsletter, *The Open Door*, is sent out to members through this online service.

READING PROGRAM - Each fall, JCCCA promotes its "Let's Read Together" reading program designed for providers and families to spend time reading with their children to support love of reading and learning. Providers track the number of books read in child care as well as at home with families. This is a great program to encourage life-long readers. Awards are given to all children for participation.

DISCOUNTS & BENEFITS - JCCCA also works hard to find discounts and benefits for our members. These are published in *The Open Door* at least once a year. Child care insurance companies often offer a discount if you are a member of a professional organization.

TOUR OF HOMES – Every couple years, JCCCA hosts a tour of six members' homes. A luncheon is served and then providers can visit the homes. The idea is to acquire ideas of how to set up a quality environment and gain new ideas. This is just a fabulous, fun event.

JCCCA ACTS AS A LIAISON – JCCCA works to represent providers on issues like licensing, zoning, and other concerns that affect our child care profession.

If you look at all the things a membership in JCCCA can offer, the true value is priceless (but membership fees are tax deductible!).

JOIN OR RENEW JCCCA…….YOUR PROFESSIONAL CHILD CARE ORGANIZATION!

Jefferson County Child Care Association
Membership Application

JCCCA MEMBERS are asked to ACTIVELY support and participate in their professional organization (JCCCA) by volunteering in some respect. I would like to participate in the following:

_____JCCCA BOARD POSITION
_____NEWSLETTER STAFF
_____REFERRAL PROVIDER
_____HOSPITALITY (help in the kitchen and/or bring food to meetings)
_____TOUR OF HOMES (September 2018)
_____CRAFT EXTRAVAGANZA (November meeting)

Jefferson County Child Care Association membership application and fees are due June 30.

The membership application and fee will cover renewals and new memberships for the fiscal year July 1, 2018– June 30 2019. Please read and fill out the following information completely.

_____JCCCA NEW APPLICATION (New Members-not a member last year) $40_____

_____JCCCA RENEWAL APPLICATION
(Member last year-must be received before June 30th) $35_____

_____15 MONTH JCCCA APPLICATION (New Members April 1 – June 30) $40_____

_____18 MONTH JCCCA APPLICATION (New Members January 1–June 30) $55_____

_____CAFCC MEMBERSHIP (Colorado Association Family Child Care) $45_____
JCCCA Members get a discount if they belong to CAFCC $40_____
(Please enclose a SEPARATE check payable to CAFCC)

_____NAFCC MEMBERSHIP (National Association Family Child Care) $45_____
(Please enclose a SEPARATE check payable to NAFCC)
CAFCC Members get a discount if they belong to NAFCC $40_____

Make your checks payable to JCCCA.

Mail your application, copy of current child care license, membership fee and a self-addressed stamped envelope to the JCCCA Membership Processor / Treasurer:

Kim Roby, 12296 West Ohio Place, Lakewood, Colorado 80228

For questions on membership or fees please call Kim 303-988-8368

NAME_____PHONE _____

BUSINESS NAME_____E-MAIL ADDRESS_____

ADDRESS_____CITY_____ ZIP_____

LICENSE#_____CHILD CARE ANNIVERSARY DATE_____ BIRTHDAY MONTH_____

Join JCCCA!!

If you aren't a JCCCA member, join today. Newly licensed providers take advantage of the one year free membership.

Already a member? It is time to renew! The registration form is included in this newsletter. See you at a meeting!!

Provider of the Month

February 2019

The Board nominated Christina Gaeta for provider of the month. Christina was one of the winners of the garden contest and one of the top readers in the reading program. She is very hands on and puts in a lot of effort when working with her children.

Christina has been married to her husband, Louis, for eighteen years. They have two children, a daughter 18 and a son 15. She was a stay at home mom until she started her business six years ago. It was very difficult for parents to find good affordable quality care and she felt she could provide this. She, along with her husband, have a large daycare. Right now they care for eight children. They also provide care for other providers while they are on vacation. In her own words, Christina says “My passion in working with children has been an enjoyable experience. I am very pleased to be working in my Daycare where I can impart my knowledge of child development in a significant and comprehensive way to deepen the children’s learning, values, social side and knowledge. I will provide a warm, safe, nurturing, and stimulating environment in which your child will be sure to flourish.”

Christina is a true professional in the field of childcare and JCCCA congratulates her on being provider of the month.

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PROVIDER GOING OUT OF BUSINESS SALE!!

Saturday 4/20/19, 9am – noon
6838 W. 74th Ave., Arvada

Outdoor play houses, coupe cars, riding toys, sand/water table, kids' picnic tables, chairs and benches, nap mats, musical instruments, collapsible wooden puppet theater, puppets, preschool curriculum materials, paint easels, arts & crafts materials, puzzles, paperback books 10/$1, hardback books, board books, science materials, games, toys, dress-up clothes, many varieties of blocks, storage containers, storage bins, shelves. Too much to list!!

Questions? Contact Charmaine Freeny 303-420-5782

Children's Book & Preschool Activities

Submitted by Carrie Kennedy

Using books and related activities with children is a great way to align learning with Colorado's Early Learning and Developmental Guidelines. The following book and activity suggestions can be used over a period of a day to several weeks with children to support and extend their learning.

The Tiny Seed by Eric Carle

Watch a seed's journey from the beginning of blowing in the wind to finding a good place to grow. This book shows the cycle of seeds and plants and explains what a seed needs to grow with wonderful illustrations from Carle.

Corresponding themes: Plants, seasons, sizes, shapes, math, science

Discussion: As you read each page, pause to talk about what seeds need to grow and what happened to each seed on the page. Tie this to things a seed needs to grow. Track where the little seed is going and what is happening to it.

Activities:

1. Compare seed sizes. Gather several different types of seeds (lettuce, spinach, beans, peppers, cucumbers, squash, sunflowers are good examples) and place them on a white piece of paper for the children to look at and touch. Discuss the different sizes, shapes, and colors of the seeds. How are the seeds the same? How are they different? What words can they use to describe the seeds? (Small, tiny, big, bigger, large, largest, medium, round, flat, brown, white, etc are all good examples.) Can the children line up the seeds from smallest to largest? Compare the sizes of the seeds on the paper to the tiny seed in the book.

2. Grow plants. Place a seed (green beans work well) into a Ziploc bag with a damp paper towel. Tape the bag to a sunny window and watch as the seed sprouts and begins to grow. When it is big enough, transplant into a pot for the children to take home or take care of at child care. You may also just plant seeds into small pots and have the children care for them.

3. Plant a garden. Plant a garden with the children (can be big in the ground or small just using pots or 5-gallon buckets). Have the children plant the seeds and help water and weed them through the summer. Monitor as the plants grow and produce flowers or fruits/vegetables. Are there any similarities in your garden to the book? (Maybe some seeds didn't grow or were accidently broken and died?)

4. Make paper flowers. Give each child a piece of construction paper and have several pieces of different colored paper for them to cut or tear into pieces. For younger children, you can cut out a variety of small shapes from colored paper to use. Discuss the parts of a flower (pedals, stem, leaves, etc). Arrange the pieces of paper onto the construction paper to make a flower and glue on. You may also use clear contact paper to arrange the flowers onto and then place in a window.

Colorado Early Learning & Development Guidelines being met*

(*For book reading and activity #1. Additional guidelines are met by completing other activities.)

Activities may need to be slightly adjusted for your group to meet all guidelines.

For more information on Colorado ELDGs visit http://earlylearningco.org/

4-8 months

Language & Literacy Development

4.1 Explore books and show interest in adult-initiated literacy activities, such as looking at photos and exploring books together with an adult

9-18 months

Language & Literacy Development

3.1 Use conventional gestures and words to communicate meaning in short back-and-forth interactions.

3.2 Use the basic rules of conversational turn-taking when communicating.

4.1 Listen to the adult and participate while being read to by pointing, turning pages, or making one- or two-word comments.

19-36 months

Social Development

Interact with adults to solve problems or communicate about experiences or ideas.

Emotional Development

2.2 Identify themselves and others as members of one or more groups by referring to categories.

Language & Literacy Development

1.1 Demonstrate understanding of the meaning of others' comments, questions, requests, or stories.

2.1 Communicate in a way that is understandable to most adults who speak the same language they do.

2.2 Combine words into simple sentences.

3.1 Engage in back—and-forth conversations that contain a number of turns, with each turn building upon what was said in the previous turn.

4.1 Listen, ask questions, or make comments while being read to.

Cognitive Development

5.1 Group objects into multiple piles based on one attribute at a time.

Approaches to Learning

2.2 Remember characteristics of the environment or people in it.

2.3 Briefly describe recent past events or act them out.

3-5 years

Social & Emotional Development

1.1 Communicate with familiar adults and accept or request guidance.

2.1 Identify personal characteristics, preferences, thoughts, and feelings.

English Language Development

2.3 Use one or two English words, sometimes joined to represent a bigger idea.

3.2 Point to pictures and says the words in English.

3.4 Talk with peers or adults about a story read in English.

Language Development

1.1 Attend to language during conversations, songs, stories, or other learning experiences.

1.2 Comprehend increasingly complex and varied vocabulary.

1.3 Comprehend different forms of language, such as questions or exclamations.

2.1 Engage in communication and conversation with others.

2.2 Use language to express ideas and needs.

2.3 Use increasingly complex and varied vocabulary.

2.4 Use different forms of language.

2.6 Engage in storytelling.

2.7 Engage in conversations with peers and adults.

Literacy Knowledge & Skills

1.1 Show interest in shared reading experiences and looking at books independently.

1.2 Recognize how books are read, such as front-to-back and one page at a time, and recognize basic characteristics, such as title, author and illustrator.

1.3 Ask and answer questions and make comments about print materials.

1.5 Retell stories or information from books through conversation, artistic works, creative movement, or drama.

1.6 Make predictions based on illustrations or portions of story or text.

4.2 Understand that print conveys meaning.

4.5 Recognize the association between spoken or signed and written words.

Mathematics Knowledge & Skills

3.3 Compare objects in size and shape.

5.1 Compare objects using attributes of length, weight, and size (e.g., bigger, longer, taller, heavier).

Science Knowledge & Skills

2.1 Observe, describe, and discuss living things and natural processes.

2.2 Predict, explain, and infer patterns based on observations and representations of living things, their needs, and life cycles.

Approaches to Learning

1.1 Demonstrate flexibility, imagination, and inventiveness in approaching tasks and activities.

1.2 Demonstrate eagerness to learn about and discuss a range of topics, ideas, and tasks.

1.3 Ask questions and seek new information.

JEFFERSON COUNTY
CHILD CARE ASSOCIATION

GROW YOUR BUSINESS WITH JCCCA REFERRALS!

www.jeffcochildcare.org

JCCCA MEMBERSHIP INCLUDES A FREE ONLINE E-REFERRAL LISTING AND PHONE REFERRALS TO FILL OPENINGS IN YOUR PROGRAM

JCCCA promotes its free referral service and resources to families and other organizations within Jefferson County. Referrals are included to members with many other great benefits at no additional cost. E-referral online listing requires completion of online e-referral form.

JEFFERSON COUNTY
CHILD CARE
ASSOCIATION

PRESENTS

PROVIDER APPRECIATION MEETING

Wednesday, April 24th 6:30-9:15 pm

Providing a Goodness-of-Fit for Young Boys in Early Care & Education

Presented by Francis Wardle, PhD

3 hour Social Emotional & 1½ hour Child Growth, Development & Learning

Francis Wardle, PhD

Author of the newly published book, "Oh Boy! Strategies for Teaching Boys in Early Childhood"

- Dr Wardle will be signing copies of his book. Books must be purchased through Exchange Press- No books will be for sale at meeting.
- Early Childhood Instructor @ Red Rocks Community College
- Author of multiple magazine articles & books

Clements
Community Center
1580 Yarrow St, Lakewood
www.jeffcochildcare.org

Training free for members; $10 for non-members
Special dinner provided by Central area members

It's RhythM and RhyMe TyMe Music for Kids! at Your Home!

Study after study has shown that music instruction at an early age leads to significant improvement in language & math skills, spacial awareness & creativity!

Here is What is Included in each 30 Minute session:

- Builds self-esteem by providing "instant success" in all of our activities
- Singing to guitar or keyboard accompaniment
- Playing rhythm sticks, castanets, jingle bells & shaker eggs
- Finger-play & hand-motion songs which encourage coordination
- Action & movement songs which develop physical skills
- Fun Puppet Characters! Keeps their attention while learning
- Lots of Fun!

Rhythm Sticks

Castanets

Jingle Bells

Shaker Eggs

EXCLUSIVE OFFER FOR HOME CHILD CARE PROVIDERS!

Your 30 minute musical education class is: $38

YOUR FIRST CLASS IS FREE! If you mention this ad!

Each of your 30 minute classes can include up to 20 kids. You can combine with other providers to share the cost if you choose to!

Cute Puppets

Mr. Marty

"I would love the opportunity to come to your Home and inspire and educate your students with the fun and joy of music!"

Mr. Marty

Rhythm & Rhyme Tyme has assembled a wonderful troupe of professional musicians who have a great love for children! Your young students will sing, learn and play as their experienced music group leader guides them in interactive kid-friendly activities which will encourage and inspire! The fun comes first and the music skills follow right behind!

Call Marty Groeneman 970-227-1331 email: rrtyme@comcast.net www.KidsMusic.co

Do you suffer from BURNOUT?

Childcare provider burnout is real. It can happen to even the best of providers!!

HIRE A SUBSTITUTE!

Have you ever heard a flight attendant say…
"It's important to put on your oxygen mask before you try to help others with theirs"?
This statement stands true to those of you who are in the field of childcare. Think about it!

1) You are the sole caregiver for many children.
2) The hours you work are longer than the average workday.
3) Many times the needs of the families you care for are put above your own needs.

1) Wouldn't it be nice to go to YOUR OWN child's school field trip?

2) Do you need to schedule some appointments that are only available during business hours? Even if it's a Mani/Pedi or lunch with a friend!

3) Are you scheduled for an upcoming surgery or hospital stay?

4) Crave a long Weekend?

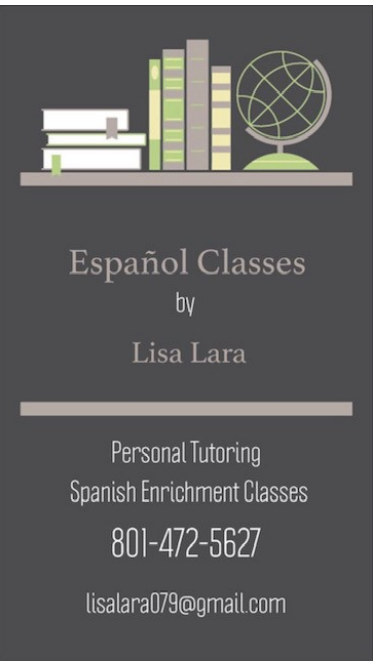
5) Wouldn't a WEEK away from the chaos be nice? Especially if your childcare parents weren't mad because you provided full coverage in the way of a substitute! AND…you can keep the majority of your income even while away from it all?

I can help! My name is Cherish Salazar. I have been in the profession of childcare for 20 years. 9 of those years I had my own in-home licensed childcare, 4 of which I carried an experienced provider license. I have been serving a community of providers in many different counties for the past 11 years. I have all the same credentials as you! Call me and I can give you more information! Many reliable references available! Cherish 303-521-2586

We are looking for someone to share their talents in the JCCCA newsletter.

- **Monthly craft**
- **Parent pages**

Every other month commitment. Please contact Sue Kansteiner 720-934-7968 or skansteiner4954@gmail.com if you are interested.



Spanish Enrichment Classes for your Daycare/Preschool

Would you like to add something new to your child care? How about Spanish lessons for your little ones! Hello, my name is Lisa Lara, I am the mother of 5 children 15 to 5 years old and I love teaching Español. I have been communicating in Spanish for over 18 years and I would love to share my love of the Spanish culture and language with your little ones. I offer a 30 minute 'Spanish Time' complete with songs, rhymes, books and crafts to introduce and teach the Spanish language. I currently teach a Spanish preschool class and have been working with toddler and preschool aged children for over 10 years. I lived in South America for almost 2 years and have visited many Spanish speaking countries. All of my children are bilingual and I know the best way for children to learn a new language is by introducing it to them at an early age by play and with music. I have a bachelor's degree in Psychology and I am also an accomplished musician. Please contact me for references (Jenny Boncich is one of them!) if you would like to learn more.

Parent Page April 2019

JCCCA
www.jeffcochildcare.org

JEFFERSON COUNTY CHILD CARE ASSOCIATION
"TOGETHER WE SOAR!"

Nominate Your Child Care Provider For JCCCA Provider of The Month!!!
E-Mail Sheryl
sortizkids@msn.com

"The beautiful spring came, and when Nature resumes her loveliness, the human soul is apt to revive also."
–Harriet Ann Jacobs

Quick Huevos

1 c. fresh salsa or Pico de Gallo
2 Tbsp. olive oil
1 can black beans, drained/rinsed
4 large eggs
4 6-inch corn tortillas, warmed
1/2 cup crumbled feta cheese
Pepper to taste
Fresh, chopped cilantro

Heat a medium skillet over low heat and add 1 Tbsp. olive oil. Add the beans and heat until warmed through, smashing slightly with a fork. In a separate pan, fry the eggs sunny-side up in the remaining olive oil. Season with pepper. Place 1 warm tortilla on each plate. Divide the beans among them, then top with a fried egg, some salsa and feta cheese. (15 min, Serves 4)

Parent Page Edited by Vera Ananda, LittleBugFun@gmail.com

Vaccines and Child Care: What Should Parents Know?

Last month a major scientific study† out of Denmark gave further evidence that there is ***no link*** between autism and the vaccine for measles, mumps, and rubella (MMR.) Still, many parents are choosing not to follow the recommendation from the American Academy of Pediatrics (AAP.) They are choosing not to vaccinate their babies and children with the MMR vaccine.

You may be wondering: What are the vaccination requirements for my child? What can I do to ensure my child is safe and healthy? Here are the facts to consider as you do your best to make healthy decisions for your child:

- Child care providers collect immunization records for every baby and child in their care on an ongoing basis.
- Child care providers are trained to read immunization records, and compare them with AAP recommendations. They notify parents if a child has not received the vaccinations that are due.
- If a child is behind on vaccinations, parents have 14 days to get the required vaccine(s), or submit a written plan to get caught up.
- If a child cannot receive a vaccine due to medical reasons, the child's pediatrician must fill out a Medical Exemption Form‡.
- Parents who choose not to vaccinate their children for personal reasons must submit a Non-Medical Exemption Form‡ at every interval when vaccines are due.
- Child care providers will notify the families of non-immunized children if a vaccine-preventable disease occurs in their child care home.

If you would like to see which vaccines are recommended, and at what age, you can visit https://www.cdc.gov/vaccines/parents/downloads/parent-ver-sch-o-6yrs.pdf Please feel free to talk to your child care provider or your pediatrician if you have further questions about vaccines and child care.

† Hviid, Anders, et al. "Measles, Mumps, Rubella Vaccination and Autism." Annals of Internal Medicine, 2019, doi:10.7326/m18-2101.

‡ To find exemption forms, please visit: https://www.colorado.gov/pacific/cdphe/vaccine-exemptions

Parent Page Edited by Vera Ananda, LittleBugFun@gmail.com

Parent Page May 2019

JCCCA
www.jeffcochildcare.org

Jefferson County Child Care Association
"Together We Soar!"

Nominate Your
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E-Mail Sheryl
sortizkids@msn.com

Reading together to Support Early Literacy

Children who have lots of experiences with books absorb the rhythms and patterns of language. While we can't expect infants and toddlers to learn to read and write yet, they are nevertheless developing skills that provide a foundation for later literacy. When you share books with your very young child you support emerging literacy. Here's how:

By reading together, you help your child learn that pictures and words are symbols that can be interpreted. For example, at around 12 months, an infant seems to understand that the cup in a picture on the page represents a cup like the one she drinks from every day. Another child, age 17 months, enjoying the book Goodnight Moon with his dad, may murmur, "Hush," when his dad turns to the page about a quiet old lady who was whispering, "Hush"

You expose your child to new words, thereby increasing her vocabulary. . Storybooks use words that are generally absent from day-to-day speech. The Napping House, for example, contains many descriptive words related to napping, such as slumbering, snoozing, and dozing, which adults may rarely use in a conversation with a child. By hearing new words in the context of a story and having them explained by an adult, children's word comprehension will grow, and they will eventually incorporate new words into their spoken vocabularies.

You familiarize your child with the conventions of print. Very young children using books in English learn that they are read from front to back, from the left of the page to the right, and from the top of the page to the bottom. Children learn that books have names (or "titles") and that they are written by "authors." Some older toddlers might be interested in books whose layouts break the rules; for example, books that are read from back to front, from right to left, or up and down the page in vertical columns.

Article adapted from original publication by the National Association for the Education of Young Children. Visit the original publication online for helpful tips when reading with your child:
https://www.naeyc.org/our-work/families/read-together-support-early-literacy

Garden Song

We have a little garden,
A garden of our own,
And every day we water there
The seeds that we have sown.

We love our little garden,
And tend it with such care,
You will not find a faded leaf,
Or blighted blossom there.

Parent Page Edited by Vera Ananda, LittleBugFun@gmail.com

CARING FOR MALTREATED AND AT-RISK CHILDREN

by Kathy Karageorge and Rosemary Kendall

Child care programs can be a refuge for children who are being abused or neglected at home. Providers can offer such children positive, safe experiences that also are developmentally appropriate. Just as child care providers help with the social, emotional, cognitive, and physical development of children, they can help maltreated children overcome fears, behavior problems, and other issues that may result from abuse or neglect. It is important that child care providers understand the kinds of developmental and emotional stress that maltreated children typically experience and learn what techniques are most effective for supporting these children.

NEEDS OF MALTREATED CHILDREN Th e specific difficulties that a child care provider may see in a child who has been maltreated will vary depending upon the nature, the intensity, the duration, and the timing of the abuse or neglect, as well as the characteristics of the individual child. Some children will have obvious and profound problems, while other children may exhibit subtle behaviors. Many of the following characteristics may be indicative of child abuse or neglect, but they also may signal other problems unrelated to maltreatment. Regardless, they can be “red flags” that alert the provider to the child and family’s needs for intervention or support:

- Developmental delays . Lack of consistent and enriching experiences in early childhood can result in delays in motor, language, social, and cognitive development.
- Eating behaviors. Odd eating behaviors (e.g., hoarding or hiding food) may occur, especially in children experiencing severe neglect. • Soothing behaviors. Some children may use unusual soothing behaviors, such as head banging, rocking back and forth, scratching, or cutting themselves. These behaviors may increase during times of distress or threat.
- Emotional problems. A range of emotional problems is common in maltreated children and may include depression and anxiety. In addition, these children may become attached to adults very quickly, often due to a need to feel safe.
- Inappropriate modeling behaviors. Children may model adult behavior that is abusive or highly sexualized. They often learn that abusive behavior is the “right” way to interact with others.
- Aggression. Maltreated children may exhibit aggressive or cruel behaviors. Due to the abuse or neglect, they may lack empathy, impulse control, or the ability to understand the impact their behavior has on others.

It is important that providers understand the eff ects of child abuse and neglect and their role during and after an investigation. In order to be effective in supporting the positive growth and development of the child and good parenting by the parent, providers should team with other helping professionals involved with the family. To assist the child and family eff ectively, all service providers should work together so that they deliver consistent messages and coordinated assistance. In this way, child care providers can do their part to help the child practice coping strategies successfully.

CAREGIVING SKILLS AND TECHNIQUES Children generally are resilient, and some have the capacity to overcome the hurts and fears associated with maltreatment, regardless of the extent of the abuse or neglect. A positive relationship with a supportive adult, such as a child care provider, may enhance the resiliency of children who have been maltreated; are at risk for maltreatment; or live in a home where no maltreatment occurs, but the family experiences other problems, such as substance abuse or domestic violence. Some ways in which child care providers can help children who have been abused or neglected include:

Nurturing these children. These children may need to be held, rocked, or cuddled in a nonthreatening and nonsexual way. For many of these children, being touched is associated with pain, torture, or other forms of abuse. Due to past negative associations with physical contact, it is very important to take their cues about being touched so that they are not uncomfortable.

• Trying to understand behaviors before imposing punishment or consequences. When neglected children hoard food, for example, it should not be viewed necessarily as stealing, but as a common result

- of being food-deprived. Punishment actually may increase the child's sense of insecurity and distress. Physically abused children may hit, kick, or bite, so the provider should be aware of noncorporal discipline alternatives.
- Caring for these children based on emotional age. Abused and neglected children often will be delayed emotionally and socially. Th ese children may not be able "to act their age" because they are fearful or frustrated. Providers should care for these children based on their emotional age and needs and not on their chronological age.
- Modeling and teaching appropriate social behaviors. Many abused or neglected children do not know how to interact with other people. One of the best ways to teach them is to model positive behaviors, such as open communication, respect, and appropriate physical contact.
- Listening to and talking with these children. When a caregiver is gentle and consistent with an abused or neglected child, the child may begin to share feelings and to trust that caregiver.
- Taking care of oneself. Caring for maltreated children requires extra effort. Caregivers cannot provide the consistent, predictable, enriching, and nurturing care these children need if they are depleted physically and emotionally. Th ey need to make sure they get rest and support.

The National Association for the Education of Young Children developed guidelines for ways in which child care providers can help children deal with maltreatment. Although they cannot cure all of the hurts experienced by children, child care providers can make a diff erence by:

- Organizing their schedules and their time with children so that they can provide as much consistency as possible;
- Providing structure and clear expectations, which is particularly important for children who come from chaotic environments;
- Offering children many appropriate opportunities to express themselves (e.g., through play).

It also is important that child care programs provide opportunities for children to develop meaningful relationships with caring and knowledgeable adults. emotional availability are among the best caregiving These relationships can show a child that there are qualities to offer children who have been maltreated people in the world who can be of help. Physical and emotional availability are among the best caregiving qualities to offer children who have been maltreated or are at risk for maltreatment.

CHILD ABUSE PREVENTION: PERSONAL SAFETY PROGRAMS FOR CHILDREN

One of the primary responsibilities of child care providers is to protect young children from harm. For this reason, many programs include personal safety education in the curriculum to help young children learn ways to cope in potentially harmful situations. Children learn that they have a right to privacy and that they do not have to allow adults to touch them if they would prefer not to be touched. Children also learn to express their feelings appropriately and to discuss their experiences. While such programs do not eliminate all possibilities of abuse or neglect, they may help children to develop a sense of when adult behavior is inappropriate. It is important to stress that personal safety education should not give children the impression that they are responsible for their own safety. Instead, it should help children to learn, in developmentally appropriate ways, how to seek help from caring adults.

At a basic level, personal safety education can teach children their telephone numbers, how to dial the operator or 911, how to get help if they get lost at the store, and what kinds of places to avoid (e.g., alleys, garages, parked cars). This kind of knowledge about the world does not make children fearful; children may feel more in control if they are aware of potential dangers and how to handle them.

Personal safety education also addresses more specific topics, such as "good or nurturing" versus "bad or harmful" touches, how to say "no" to requests by adults to touch them or otherwise invade their privacy, and telling someone what has happened even when another adult tells them that they must keep it a secret. It also should be made very clear to the children that the responsibility for protecting themselves is not entirely theirs. It is the adults' responsibility to make sure children are safe.

Child Care Insurance Option

American Family Insurance
Aaron Turner Agency, Inc 720-941-5833

Assure 1-855-818-5437
www.assurechildcare.com

Child Care Insurance Professionals

1-888-812-9992
Daycare Defender 1-800-410-6333
www.dcdefender.com
Farmers Insurance
Doug Draper 303-985-8800
Mike Boling 303-979-0315
Markel 1-888-515-8537
www.markelchildcare.com

County Associations

Adams County ~ http://www.childcareinadamsco.org/

Arapahoe County ~ http://www.acfcca.org

Boulder County ~ http://www.bcfcca.org/

Broomfield ~ http://childcarebroomfield.org

A Caregiver Network ~ http://www.caregivernetwork.org

CAFCC Meeting ~ Location: Bear Valley Church, 10001 West Jewell Avenue – Room 202 Lakewood, CO http://www.coloradochildcare.com

Denver County ~ http://www.dafcc.com/

Douglas County ~
http://www.douglascountychildcare.com/

Northeast Denver Child Care Network ~
http://ndccn.org/

Licensed Family Child Care Association (Larimer, Weld, Boulder counties)
http://www.licensedfamilychildcareassociation.org/index.html

Weld County Family Child Care Association ~
http://weldcochildcare.org/

CAFCC
Colorado Association
Of Family Child Care

CAFCC is the professional voice of Colorado's 4000 licensed child care providers.
Since 1972 CAFCC has promoted:

- The positive professional image of Family Child Care according to current Colorado rules and regulations.
- The promotion of positive working relationships with the child care community at local, state and national levels.
- The education of the community about the benefits of family child care.

Only through membership can the voice of one be heard by many! Dues are $30.00 per year.
Join the state association today by contacting:
The CAFCC Treasurer, Charlotte Duerr, 1-970-669-0836.

Bear Valley Church
1001 West Jewell Avenue—Room 202
Lakewood, CO
9:00 am Pot Luck, Bring a Dish.

CAFCC 2019 Calendar of Events

(All meetings are held at Bear Valley Church from 9 am to12 pm)
April 27th

May 11th (Mini Conference)

June 29th

CAFCC BOARD

President—Amber Bilby
Vice President—Stacey Buzbee
Secretary—Rosemarie McFate-Regan
Treasurer—Charlotte Duerr

Training

For a list of the most current Licensed Child Care Provider training requirements, Required Disaster Preparedness and Emergency Response training, and "Mandatory Reporter" class that fulfills the Recognition & Reporting of Child Abuse & Neglect training go to JCCCA's website.

A Caregiver Network ~ http://caregivernetwork.org/training/ Pre-Licensing, Standard Precautions

Advanced Care ~ 303-384-3696 http://advancedcarecpr.com/

Child Care Innovations ~ 303-914-6307
http://www.cciproviderpost.org/

Care Courses ~1-800-685-7610
www.carecourses.com

Childcare Educational Opportunities ~
Judy 303- 886-8077
http://childcareeducationalopportunities.com
CPR, First Aid, Standard Precautions, Medication Class and Correspondence Courses.

ECP ~ Early Childhood Professions Online / Courses in Early Childhood Education ~
Phyllis A Dobson 303-352-4033
www.ccconline.org Email: Phyllis.Dobson@ccd.cccoes.edu

Kid-mit-ment ~ Patricia 303-693-8088 Offering correspondence courses. Patricia is also available for provider support.

Qualistar 303-339-6800
www.qualistar.org/training/early-childhood-education-training

Smart Horizons ~ 1-800-261-6248
http://www.smarthorizons.org/naccrra/rrcc/

Wildwood Resources, Inc. ~ 303-730-0460
www.wildwoodonline.org Standard Precautions Training and Continuing Education Correspondence Courses.
Inclusion on this list is not an endorsement by JCCCA.

First Aid, CPR & Medication Training Courses

To find a full list of Division of Early Care and Learning approved training vendors for First Aid and CPR; Medication Administration; and Standard Precautions
www.coloradoofficeofearlychilhod.com

A Caregiver Network ~ 303-916-2530
www.caregivernetwork.org

Advanced Care ~ 303-384-3696
http://advancedcarecpr.com/

Child Care Innovations ~ 303-914-6307
http://www.cciproviderpost.org/

Childcare Education Opportunities ~ 303-886-8077
http://childcareeducationalopportunities.com

The Child Health Connection ~ 303-431-2446

Colorado CPR Pros ~ 720-708-9705 https://coloradocprpros.com/

Heart Smart ~ 303-456-8543

Front Range CPR LLC 720-524-6447 www.frcpr.com

Inclusion on this list is not an endorsement by JCCCA

Child Care INNOVATIONS

Developing Creative Solutions For Meeting The Complex Needs of Young Children And Their Caregivers.

Red Rocks Community College
13300 W. 6th Ave.
Campus Box 22B
Lakewood, CO 80228-1255
Child Care Referrals 1-877-338-CARE
Provider Updates 303-969-9666
Your local Child Care Resource and Referral Agency has a new Name!!!

*Assistance in developing marketing and business plans for your child care business.
*Information regarding resources for start-up.
*Mentor support
*Seminars and Workshops that carry college credit and offer timely information for today's child care professional.
*Free referrals for you child care business.
*Staffed by experts in the business of caring for children.

Provider Support Line
303-914-6584

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80128, 80123

ALL ZIPS - NIGHTS AND WKNDS

Penny Polston-----303-986-0230

METRO REFERRAL NUMBERS

Child Care Associations

JCCCA jeffcochildcare.org

Child Care Referrals 1-877-338-CARE

Adams County ~ Recording ------303-451-1061
childcareinadamsco.org

Arapahoe County ~ Recording-- 303-246-5146

Arapahoe County Caregiver Network
Judy-------- 303-766-9706

Boulder ~ Gayle———-303-604-1311

Broomfield ~ --Stacy Burge ———---303-463-0228

Denver ~ Mary Jo Theis ———-303-756-8901

North-East Denver ———303-618-9887

Douglas County ———303-841-7718

Weld County Kristin Fralick———— 970-674-8065

Colorado Child Abuse & Neglect Hotline ———1-844-CO4-KIDS
1-844-264-5437

Jefferson Center for Mental Health—303-432-5455

CHILD CARE INNOVATIONS

303-969-9666 fax 303-914-6802
Red Rocks Community College
13300 W. 6th Ave., Campus Box 22B
Lakewood, CO 80228-1255

General Office Number ———-303-914-6279

Provider Support Line ———303-914-6584

Training Information———-303-914-6307

Provider Updates: ———-303-969-9666

General Licensing Information ———-303-914-6304

General Departmental Fax———303-914-6802

Licensing Fax———-303-914-6240

Patricia Bolton-Director———-303-914-6527
pat.bolton@rrcc.edu

Tiffani Stout Asst. Director Licensing-303-914-6581
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ruth.maifarth@rrcc.edu

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carmen.martinez@rrcc.edu

Sandy Legeer: 303-914-6100 ext. 3050-- 80007, 80020, 80021, 80023, 80031 80212 sandy.legeer@rrcc.edu

Eboni Justice 303-914-6100 ext. 3055 80002, 80003 and 80004

Joan Sandoval: 303-914-3045 80135, 80215, 80217, 80225, 80401, 80403, 80409, 80437, 80439
joan.sandoval@rrcc.edu

Brittany Kilgore: 303-914-3053 80005, 80030, 80226, 80232 Brittany.kilgore@rrcc.edu

OTHER RESOURCES

Child Care Referrals———1-877-338-CARE

Provider Updates ———303-969-9666

Division of Early Care and Learning----------
303-866-5958

Director ———-303 866-5943

Licensing Advisory Committee Representative

Jeff. County Public Health ---------303-232-6301

Immunization Line ----------303-239-7171

CAFCC Amber Bilby _____303-403-4262

CAEYC Office ----------303-791-2772

CO Children's Campaign —-———303-839-1580

Kid's Nutrition ----------303-987-4852

Wildwood Resources ----------303-730-0460

24 Hrs. Per Day Child Protection

Hot Line ———303-271-4131

Colorado Shines Child Care Referral
@ Mile High United Way ———--211

Children's Hospital Colorado
Parent Smart Hotline———-720-777-0123

Poison Control ———303-739-1123

Ask A Nurse ———303-777-6877

Medication Admin. Hotlin3———-303-739-1125

Publisher: Jefferson County Child Care Association
Editor: Sue Kansteiner 303-985-2622
Book Review –Carrie Kennedy
Provider Times—Anna Orrino
Parent Page— Vera Ananda

THE OPEN DOOR , 8968 W. Harvard Place, Lakewood, CO 80227

The Open Door Newsletter is a publication of the Jefferson County Child Care Association. JCCCA publishes six issues per year. The April/May issue is emailed to all licensed providers in Jefferson County and is considered the "annual mass mailing issue". JCCCA does not assume responsibility for any fact or opinion stated herein, nor does acceptance of any advertising, paid or complementary, imply endorsement for any product or services by JCCCA. **The deadline for articles or advertising submissions is the 1st of each month previous for inclusion in the following month's publication. *The deadline for June/July,2019 Newsletter is 51/19.*** Each submission must be mailed or emailed to the above address and must include name and telephone number and the month the submission is to be printed. Please do not telephone in submissions. Submission does not guarantee inclusion. The Editor reserves the right to refuse any submission. Advertising rates are available by calling the Newsletter Editor for the current rate. Any editorial based errors in advertising copy or size will be corrected free of charge and the advertiser will receive additional advertising to fulfill original advertising order in full with corrected advertising. However, these errors must be brought to the attention of the editor at the time of the first publication of advertisement. Any errors caused by the advertiser submitted copy may be corrected, but will not extend the length of the original contract.