

All the Leaves are Falling Down

Tune: "London Bridges Falling Down"

All the leaves are falling down, falling down,
falling down.

(Imitate leaves falling down)

All the leaves are falling down, it is Fall.

Make a pile and jump right in, jump right in,
jump right in.

(Children jump forward)

Make a pile and jump right in, it is Fall.

Pumpkin Cheesecake Dip

1 pkg cream cheese, softened

1 can pumpkin pie filling

½ container Cool Whip topping, thawed

½ c. sugar

½ tsp. pumpkin pie spice

Sliced apples

Graham crackers

- Use an electric mixer to combine cream cheese, pumpkin pie filling, Cool Whip, sugar, and pumpkin pie spice.
- Serve with apples and graham crackers for dipping- Yummy and healthy!



Fall Sensory Play

Sensory play is any type of play that stimulates your child's senses: sight, touch, smell, taste, hearing, and balance. Sensory play can get MESSY! But sensory play is so important to help children naturally engage in scientific processes and learning. Here are some fall sensory play ideas for you and your child:

- 1) Fill a small bin with un-popped popcorn kernels, medicine cups, and small farm animals. Practice pouring "feed" for the animals into the cups and making animal sounds together.
- 2) Cut two or three small pumpkins in half and discard the pulp and seeds. Fill a large bin with water and stones. Use the pumpkin shells as boats to help the stones float. How many before the boat sinks?
- 3) Fill a small bin with sunflower seeds, pinecones, and plastic fall leaves from a craft store. Take turns hiding the pinecones under the leaves and seeds for the other person to find.